Confused about which orthotic shoes to buy?

Benefits of custom orthotics vs prefabricated orthotic devices.

When people compare custom prescription orthotics to a prefabricated device the immediate question is? How is the custom orthotic better than a readymade, less expensive device?

After all they both have an arch, they look similar—it is about supporting the arch…isn't it? Well not exactly and when you read on you'll find out why!

Why use us for orthotics?

The Essendon Podiatry Clinic leads the way in helping patients settle on an educated decision. We are providing exceptional outcomes for thousands of patients we have encountered over the past 30 years.

You'll be glad to know that Podiatrists have been making high quality prescription devices in their treatment for biomechanical variations of foot and leg function, irrespective of age, activity, sport or occupation.

Indeed, awareness in the community over the past 30 years has changed and now more than ever there are many examples of prefabricated devices. The extensive amount of choice presents a confusing set of options and intended benefits.

Making the right decision!

The good news is, the primary use of prescription orthotics to accurately influence foot and limb posture is well documented.

By controlling or limiting motion within the foot and limb we can influence mechanical efficiency and provide a long term superior outcome.

Furthermore, foot and limb motion is influenced by the specific nature of the activity whether it be sport, recreation or occupational. Footwear can also affect these characteristics.

Observing the effectiveness of any device prefabricated or prescription is dependent on several factors. Often the combination of characteristics, design and elements of the device are important factors to consider.

Many practitioners in both the medical and paramedical professions also use the prefabricated devices in their treatment of foot, leg and even lower back symptoms and conditions. Some claim only reasonable success.

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Do you need Orthotics? Let us help you find a solution.

You may not require custom orthotics. A few people require a superior shoe or general support. We'll let you know if we feel you need custom orthotics.

If you are encounter foot or lower leg pain need advice for a long-term solution:

Contact us or book an appointment today.

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